



JUNIOR ICEMEN 14 & UNDER

At the 14-and-Under level, coaches should focus on the following age-appropriate concepts and skills so that players enjoy the experience and develop both as hockey players and as young kids.

Age Group: 2008, 2009 | **Teams:** 14UA

Start Date: The week of August 15th | **End Date:** End of February

Roster: 13-15 skaters, 1-2 goalie

Focus Points: Fun and Engagement, Practice Activity and Structure, Age-Appropriate Training, Body Contact//Body Checking, Skill Development, Team Play

Icemen Experience: Each player will receive 2 tickets per season to preselected Icemen games. Players will also be provided with unique event experiences with the Icemen.

Game Rinks: Games are played throughout the state of Florida on most weekends.

Program: 3 On Ice practices and 2 off Ice practices weekly

Curriculum: All age groups follow a comprehensive 24-week on and off-ice curriculum focusing on age-appropriate training and proper player development guidelines. This will ensure all players have the opportunity to reach their full potential in a fun, challenging and positive learning environment.

Practice Focus

1. Individual skill improvement (hockey skills, activities, and games) – 45%
2. Hockey sense (teaching of concepts through small area games) – 40%
3. Systems (team-play training) – 15%



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No Practice dates: *subject to change

September 2-5, December 19-January 1, January 13-16, February 17-20

League Format: All 14U levels play full ice games.

League Games: Play in SAHOF League

Tournaments: Labor Day Sept 2nd – 5th, MLK January 13th-16th,
Presidents Day February 17th-20th

*Note all locations for tournaments will be in the state of Florida or neighboring state with a drivable distance. Tournament locations are TBA and will depend on the level of team and tournament divisions offered at different rink locations. All tournament fees are included.

Travel: All local in Florida with potential option for 1 out of state event.

Team Communication/Schedule: Teamsnap app will be used.

Uniforms: All jerseys and merchandise are ordered on Uniform day which includes reservation of jersey number. More info will be emailed out after tryouts.

Jr.Icemen Apparel Requirements

- Warm up Jacket & Pant, dryland shorts & t-shirt
- Game day jerseys (Navy and White), Game Day socks (Navy and White)
- Practice Jerseys (Navy and White) *you can add name and number but NOT required
- Practice Socks (solid navy and sold white pair)
- Navy Helmet and Helmet Stickers
- Jr Icemen shell OR plain Icemen Navy pants
- Must be predominantly navy gloves (no conflicting colors)
- No conflicting colors or other team logos can be on gloves, bags, or pants
- Icemen Hockey Equipment Bag (optional)
- Polo Shirt (optional)