



# JUNIOR ICEMEN 10 & UNDER

At the 10-and-Under level, coaches should focus on the following age-appropriate concepts and skills so that players enjoy the experience and develop both as hockey players and as young kids.

**Age Group:** 2012, 2013 | **Teams:** 10UA1

**Start Date:** The week of August 15th | **End Date:** End of February

**Roster:** 12-14 skaters, 1-2 goalies, equal playing time

**Focus Points:** Fun, Engagement, Active Practices, Age-Appropriate Training (includes skills and concepts), Basic hockey knowledge.

**Icemen Experience:** Each player will receive 2 tickets per season to preselected Icemen games. Players will also be provided with unique event experiences with the Icemen.

**Game Rinks:** Games are played throughout the state of Florida on most weekends.

**Program:** 3 On Ice practices and 2 off Ice practices weekly

**Curriculum:** All age groups follow a comprehensive 25-week on and off-ice curriculum focusing on age-appropriate training and proper player development guidelines. This will ensure all players have the opportunity to reach their full potential in a fun, challenging and positive learning environment.

## Practice Focus

1. Individual skill improvement (hockey skills, activities, and games) – 65%
2. Hockey sense (teaching of concepts through small area games) – 25%
3. Systems (team-play training) – 10%



# JUNIOR ICEMEN 10 & UNDER

**No Practice dates:** \*subject to change

September 2-5, December 19-January 1, January 13-16, February 17-20

**League Format:** All 10U levels play full ice games.

**League Games:** Play in SAHOF League

**Tournaments:** Labor Day Sept 2nd – 5th, MLK January 13th-16th,  
Presidents Day February 17th-20th

\*Note all locations for tournaments will be in the state of Florida or neighboring state with a drivable distance. Tournament locations are TBA and will depend on the level of team and tournament divisions offered at different rink locations. All tournament fees are included.

**Travel:** All local in Florida

**Team Communication/Schedule:** Teamsnap app will be used.

**Uniforms:** All jerseys and merchandise are ordered on Uniform day which includes reservation of jersey number. More info will be emailed out after tryouts.

## Jr.Icemen Apparel Requirements

- Warm up Jacket & Pant, dryland shorts & t-shirt
- Game day jerseys (Navy and White), Game Day socks (Navy and White)
- Practice Jerseys (Navy and White) \*you can add name and number but NOT required
- Practice Socks (solid navy and sold white pair)
- Navy Helmet and Helmet Stickers
- Jr Icemen shell OR plain Icemen Navy pants
- Must be predominantly navy gloves (no conflicting colors)
- No conflicting colors or other team logos can be on gloves, bags, or pants
- Icemen Hockey Equipment Bag (optional)
- Polo Shirt (optional)